



RKY CAMP SUMMER CAMP PACKING LIST

The Following items are recommended for making your child's stay at camp comfortable and complete. Campers are strongly encouraged to take responsibility for their belongings at all times. Staff will be available to assist in organizing and packing upon return to Kingston, but are not responsible for camper's belongings while at camp. Please help reduce lost and found by clearly LABELING your child's belongings. Do not send valuable clothing and apparel to RKY Camp.

Please pack all belonging in one large duffle/hockey bag, including sleeping bag and pillow.

Camp Clothing & Equipment (Please adjust for 1 week or one month programs)

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| - 2 week supply of underwear | - Bathing suit |
| - 12+ pairs of socks (some wool) | - Pajamas |
| - 3-4 pairs of shorts | - At least 2 pairs of running shoes (preferably old and well broken-in) |
| - 3-4 pairs of pants/sweatpants | - Rain coat or suits are important |
| - 4-8 T-shirts | - Sun hat or baseball cap & sunglasses |
| - 1-2 sweaters or sweatshirts | - Sandals – preferably with back straps |
| - Warm jacket | |

Counselor in Training and Leadership Specific Packing Items

CIT's will get to do one load of laundry mid session – RKY will provide materials.

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| - Appropriate bathing suit – for swimming and canoeing courses | - Water bottle |
| - Long underwear top and bottom (for out trip) | - Notebook |
| - Appropriate clothing | - Pens |
| - Non cotton pants (For Out trip) | |

Equipment Used Daily

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| - Blankets & Sheets or sleeping bag (see canoe tripping equipment below) | - Flashlight and extra batteries |
| - Pillow with case | - Stationary, pen, stamped envelopes |
| - Toiletries- comb/brush, soap/shampoo, toothbrush, toothpaste, etc. | - Rubber boots |
| - Two or three towels, washcloth | - Medic alert bracelet/necklace (if applicable) |
| - Laundry bag/plastic garbage bag | - Prescription required medication |
| - Sun Screen, chapstick, insect repellent | - Water bottle |

Optional Equipment

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|---|----------------------------|
| - Optional: Books, magazines, family, pictures, sports equipment, disposable camera | - 30L dry bag |
| - One change of nice clothes for banquet | - Therma rest sleeping pad |
| - Ragger's Rag (if previously participated in the Blue Rag Program) | - Lifejacket |
| | - Canoe paddle |

Canoe Tripping Equipment

- Sleeping bag (synthetic fabrics dry faster than cotton and goose down)
- Hiking boots- most necessary for campers aged 13 and up, due to the length and type of trip

DO NOT BRING!

- Cellular Phones
- iPods
- Electronics (Laptops, eReaders, etc...)
- Expensive cameras
- Expensive musical instruments
- Drugs
- Cigarettes, tobacco products
- Alcohol

Please understand that any camper that brings the above items to RKY Camp will have them confiscated by the camp director. Furthermore, RKY Camp is not responsible for lost, damaged or stolen items. Electronics etc... are not part of the RKY Camp program. Participants who bring drugs, alcohol, cigarettes or tobacco products may be asked to leave to program at the discretion of the camp director.