

March Break Camp 2023

Monday March 13	Tuesday March 14	Wednesday March 15	Thursday March 16	Friday March 17
8:00am Drop off @ 30 Lyons Street (Molly Brant Elementary School) <u>8:30am Bus leaves for Camp!</u> 9:30am Drop off at RKY (if driving your camper directly to camp) 10:00 Community Meeting -Get to Know You Games -Site Tour -Wood Cookie Name Tags 12:15 Meal Time Procedures	8:15 Boys Table Set 8:30 Breakfast Cabin Clean Up 9:45 Outside Time (tobogganing, snow shoeing, snow soccer, XC skiing, cont. snow shelters) 10:45 Warm Up 11:00 Hike to Beaver Dam 12:15 Table Setters	8:15 Girls Table Set 8:30 Breakfast Cabin Clean Up 9:45 – Fire Building Lesson and Cooking Bannock 10:45 Warm Up 11:00 Archery 12:15 Table Setters	8:15 Boys Table Set 8:30 Breakfast Cabin Clean Up 9:45 Spaghetti Towers/ Cupcake Decorating 11:00 Survival Gaga Ball Free Time 12:15 Table Setters	8:15 Girls Table Set 8:30 Breakfast Cabin Clean Up 9:45 Scavenger Hunt 11:00 High Ropes: Team Tower Free Time 12:15 Table Setters
12:30 Lunch	12:30 Lunch	12:30 Lunch	12:30 Lunch	12:30 Lunch
Rest Hour 2:15 Rotation #1 Group 1 – Initiatives Group 2 – Shelter Building 3:30 Rotation #2 Switch! 4:30 Free Time 5:15 Table Setters	Rest Hour 2:15 High Ropes: Climbing Wall 3:30 Warm Up 3:45 Capture the Flags/Gaga Ball 4:30 Free Time 5:15 Table Setters	Rest Hour 2:15 High Ropes: Dangle-a-Maze 3:30 Warm Up 4:00 Outside Time (tobogganing, snow shoeing, snow soccer, XC skiing) 4:30 Free Time 5:15 Table Setters	Rest Hour 2:15 Outside Time (tobogganing, snow shoeing, snow soccer, XC skiing) 3:30 Warm Up 4:00 Iron Chef 4:45 Free Time 5:15 Table Setters	Rest Hour 1:30 Pack Up Belongings, Clean Cabins, Move Bags to Homestead Porch 2:30 Games & Gaga Ball in OC 3:00-3:15 – Pick up at RKY Camp (if travelling by car) <u>3:30 Bus Departs for Kingston</u>
5:30 Dinner	5:30 Dinner	5:30 Dinner	5:30 Dinner	4:30pm – Pick up at 30 Lyons Street (Molly Brant Elementary School)
6:30 Campfire Skit Prep 7:00 Opening Campfire	6:30 Skit in a Bag 7:30 Night Hike	6:30 Movie Night	6:30 Campfire Prep 7:00 Closing Campfire	<p style="text-align: center; font-size: 2em;">Thank you for coming to RKY!</p>
8:00 Snack Boys Cabin Time/ Girls Showers	8:00 Snack Girls Cabin Time/ Boys Showers	8:00 Snack Boys Cabin Time/ Girls Showers	8:00 Snack Girls Cabin Time/ Boys Showers	

Schedule is subject to change depending on snow conditions, weather and changing interests of the participants as a group

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Suggested Packing List

Winter can be a lot of fun - if you are warm and dry. RKY does have a dryer to warm up wet items, but campers should pack enough clothes and gear for the week. The following list can be used as a guide but remember that it is always better to make sure that your camper has something dry to put on!

Campers will be staying in our insulated cabins – each bed has a camp mattress, but bedding/linens are not provided.

MEDICATIONS (both prescription and over the counter): Should be clearly labelled with instructions and given to the Outdoor Centre Director when dropping your camper off on Monday March 13, 2023.

- 6-7 pairs of heavy socks (wool is best)
- 1 warm and cozy sleeping bag
- 1 pillow and pillowcase
- 2-3 pairs of long underwear/base layer (or layers you can wear under bulkier clothing)
- 3 pairs of pants (not jeans)
- 3 sweaters or sweatshirts (fleece and wool are the best choice)
- 1 pair of snow pants
- 1 warm winter jacket
- 2 winter hats; scarves/neck warmers

- 4-5 T-shirts
- 5 pairs of underwear
- 2 pairs of mitts (waterproof if possible)
- 1 pair of winter/waterproof boots (removable liner is ideal)
- 1 pair of indoor shoes or slippers
- 1 water bottle
- flashlight (with extra batteries)
- Personal toiletries – toothbrush, toothpaste, comb, shampoo, soap, hygiene products, etc.
- towel for showering (cabins will alternate shower times every night), flip flops for wearing in the shower
- Optional:** camera, musical instrument, journal & pen, books, card games, sunglasses

Please do not bring: Candy, iPods/MP3 Players, hair driers, good clothing, or any personal valuables. Campers are not allowed to have CELL PHONES during RKY March Break Camp.

Any communication during camp can be done through the on-site office at 613-375-6295 or fun@rkycamp.org. RKY Camp is not be responsible for any lost, stolen or broken items.